

Individual, Couples, or Family Counseling Services

FOR THE OXNARD FIRE DEPARTMENT

at the California Lutheran University Community Counseling Services

Confidential and voluntary low-fee counseling services for fire service personnel, their partners, and/or children.

ASSISTANCE WITH:

- Stress Management
- Depression
- Anxiety or PTSD
- Parenting Issues
- Child Problems
- Family or couple relationship issues
- Family conflict
- Grief and Loss
- Anger and Aggression

HOW TO CONTACT US:

PHONE (805) 493-3059 to set up an intake appointment.
Please mention you are fire service personnel.

LOCATION 2200 Outlet Center Dr., Suite #470
Oxnard CA 93030

HOURS Monday to Thursday 9 a.m. – 9 p.m.;
Friday 9 a.m. – 5 p.m.

COST \$35 per session
Sliding scale option available based on financial need

WEBSITE clu counseling.org/services/ofd

Cal Lutheran Community Counseling Services of Oxnard
Individual • Couples • Family • Group • Child Services

Community Counseling Services of Cal Lutheran provides affordable counseling in English or Spanish by counseling psychology and clinical psychology graduate trainees pursuing a Master's or Doctoral Degree. The trainees are supervised by experienced licensed clinicians.

COMMUNITY
COUNSELING
SERVICES

California
Lutheran
University



**FIREFIIGHTERS
LOCAL 1684**

